


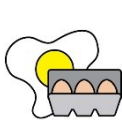
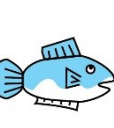
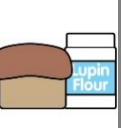


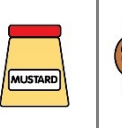
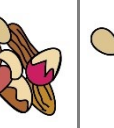
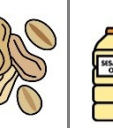
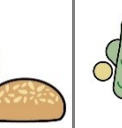
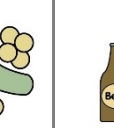
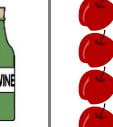


La Maternelle Day Nursery Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>Chicken and vegetable curry with brown rice (1)</p> <p>Brownie (2,4,7)</p>	<p>Ham and asparagus risotto with broccoli (1)</p> <p>Fresh fruit salad</p>	<p>Tuna fish cakes with sweet potato wedges green beans, carrots and parsley sauce (3,5,7)</p> <p>Pineapple sponge and custard (2,4,7)</p>	<p>Minted lamb casserole served with new potatoes (1)</p> <p>Summer fruit jelly</p>	<p>Mediterranean vegetable tortilla bake with sweet corn (2)</p> <p>Fresh fruit with Greek yoghurt (7)</p>
Week 2	<p>Sausage and mash with peas, carrots and gravy (2,13)</p> <p>Fresh fruit salad</p>	<p>Roast beef, roast potatoes and seasonal vegetables (13)</p> <p>Fruit slice (2,7)</p>	<p>Lamb hot pot with cabbage (1)</p> <p>Summer fruit fool with ginger biscuits (2,4,7)</p>	<p>Vegetable and bean chilli with brown rice (1,2)</p> <p>Fresh fruit salad with Greek yoghurt (7)</p>	<p>Chicken and asparagus pie with broccoli and sweet potato (2,7)</p> <p>Strawberry cheesecake (2,7)</p>
Week 3	<p>Salmon and broccoli bake with green beans and sweet corn (2,3,5,7)</p> <p>Summer fruit mess (7)</p>	<p>Lamb tagine with fruity couscous (1)</p> <p>Fresh fruit</p>	<p>Beef casserole served with roast sweet potatoes and seasonal vegetables (1)</p> <p>Lemon and berry muffin (2,4,7)</p>	<p>Roast chicken with roast potatoes, broccoli, carrots and gravy (13)</p> <p>Ice cream with summer fruit coulis (7)</p>	<p>Vegetable pizza with potato wedges (2,7)</p> <p>Iced sponge (2,4,7)</p>

													
Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
1	2	3	4	5	6	7	8	9	10	11	12	13	14